


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> 10:45 Chair Yoga (3AR) 11:45 Tai Chi (3AR) 1:00 Bridge Club (Loft) 2:00 Walmart (*) 2:00 Wellness Comm. (3CR)	<b>2</b> 8:30 Rise & Stretch (3AR) 10:00 Hospitality Comm. 3CR 10:00 Walking Club (RSC) 1:30 Dining Committee 3CR 1:30 Brain Fitness (3CR)	<b>3</b> 8:30 Rise & Stretch (3AR) 10:00 Golf Cart Parade & Picnic 10:00 Kroger/Publix(*) 11:45 Beginner Balance (3AR) 1:30 Call to Prayer (MR) 2:15 Tai Chi (3AR) 2:30 Choir Rehearsal (LR) 4:00 Vespers (LR)	<b>4</b> 8:30 Rise & Stretch (3AR) 10:00 Walking Club (RSC) 1:30 Hand & Foot Game (Loft) 1:30 Brain Fitness (3AR) 2:15 Craft Time (3AR) 	<b>5</b> 8:30 Rise & Stretch (3AR) 9:15 Yoga (3AR) 10:00 EnerG Circuit (3AR) 9:30 Aviation History & Technology Center (*\$) 2:00 Friday Flick Ch.961 <i>The King's Speech</i>	<b>6</b> 1:00 Art Class (3AR) 5:00 Overbrooke Way Social & Dinner (VC)
<b>7</b> 9:30 Sunday School (LR) 11:00 Worship (LR)	<b>8</b> 10:45 Chair Yoga (3AR) 11:45 Tai Chi (3AR) 11:30 Spiritual Life Comm. 3CR 1:00 Bridge Club (Loft) 2:00 Walmart (*)	<b>9</b> 8:30 Rise & Stretch (3AR) 10:00 Walking Club (RSC) 1:30 Brain Fitness (3CR)	<b>10</b> 8:30 Rise & Stretch (3AR) 9:00 Coffee Chat (LR) 10:00 PVTV with Mark (Ch 961) 10:00 Kroger/Publix(*) 11:45 Beginner Balance (3AR) 12:30 OPA Home Care (3AR) 1:30 Call to Prayer (MR) 2:15 Tai Chi (3AR) 2:30 Choir Rehearsal (LR) 4:00 Vespers (LR)	<b>11</b> 8:30 Rise & Stretch (3AR) 10:00 Walking Club (RSC) 10:00 Activities Comm. Meeting 3CR 10:30 Property Mgmt Comm. TV RM 1:30 Hand & Foot Game (Loft) 1:30 Brain Fitness (3AR) 2:00 Landscape Comm. (3CR) 2:15 Craft Time (3AR) 4:00 Mixer (VG)	<b>12</b> 8:30 Rise & Stretch (3AR) 9:00 Monastery (*\$) 9:15 Yoga (3AR) 10:00 EnerG Circuit (3AR) 2:00 Friday Flick Ch.961 <i>Arthur The King</i>	<b>13</b> 2:00 Art Class (3AR) 5:00 North Creek Dr. Social & Dinner (PD)
<b>14</b> 9:30 Sunday School (LR) 11:00 Worship (LR) 	<b>15</b> 10:45 Chair Yoga (3AR) 11:45 Tai Chi (3AR) 1:00 Bridge Club (Loft) 2:00 Walmart (*)	<b>16</b> 8:30 Rise & Stretch (3AR) 10:00 Walking Club (RSC) 10:00 Resident Council (3CR) 1:30 Brain Fitness (3AR)	<b>17</b> 8:30 Rise & Stretch (3AR) 10:00 PVTV with Mark (Ch 961) 10:00 Kroger/Publix(*) 11:45 Beginner Balance (3AR) 1:30 Call to Prayer (MR) 2:15 Tai Chi (3AR) 2:30 Choir Rehearsal (LR) 4:00 Vespers (LR)	<b>18</b> 9:00 Wellzesta Training (LR) 8:30 Rise & Stretch (3AR) 10:00 Walking Club (RSC) 1:30 Hand & Foot Game (Loft) 1:30 Brain Fitness (3AR) 2:15 Craft Time (3AR) 4:00 Mixer (VG)	<b>19</b> 8:30 Rise & Stretch (3AR) 9:00 Wellzesta Training (LR) 9:15 Yoga (3AR) 10:00 EnerG Circuit (3AR) 2:00 Friday Flick Ch.961 <i>A Time To Kill</i>	<b>20</b> 2:00 Art Class (3AR) 5:00 S. Creek & Champion Social & Dinner (VC)
<b>21</b> 9:30 Sunday School (LR) 11:00 Worship (LR)	<b>22</b> 10:45 Chair Yoga (3AR) 11:45 Tai Chi (3AR) 1:00 Bridge Club (Loft) 1:30 Writing Group (3CR) 2:00 Walmart (*)	<b>23</b> 8:30 Rise & Stretch (3AR) 10:00 Walking Club (RSC) 10:00 Wellzesta Class (3AR) 1:00 Social and 1:30 Town Meeting (LR) 1:30 Brain Fitness (3CR)	<b>24</b> 8:30 Rise & Stretch (3AR) 10:00 PVTV with Mark (961) 10:00 Kroger/Publix(*) 11:45 Beginner Balance (3AR) 1:30 Call to Prayer (MR) 2:15 Tai Chi (3AR) 2:30 Choir Rehearsal (LR) 4:00 Vespers (LR)	<b>25</b> 8:30 Rise & Stretch (3AR) 10:00 Walking Club (RSC) 1:30 Hand & Foot Game (Loft) 1:30 Brain Fitness (3AR) 2:15 Craft Time (3AR) 4:00 Mixer (VG)	<b>26</b> 8:30 Rise & Stretch (3AR) 9:00 Peach Trip (*) 9:15 Yoga (3AR) 10:00 EnerG Circuit (3AR) 2:00 Friday Flick Ch.961 <i>The Judge</i>	<b>27</b> 2:00 Art Class (3AR)
<b>28</b> 9:30 Sunday School (LR) 11:00 Worship (LR)	<b>29</b> 10:45 Chair Yoga (3AR) 11:45 Tai Chi (3AR) 1:00 Bridge Club (Loft) 1:30 Tap Dance Show (3AR) 2:00 Walmart (*)	<b>30</b> 8:30 Rise & Stretch (3AR) 10:00 Walking Club (RSC) 10:00 Wellzesta Class (3AR) 10:00 Farmer's Table (*) 1:30 Brain Fitness (3CR)	<b>31</b> 8:30 Rise & Stretch (3AR) 10:00 PVTV with Mark (961) 10:00 Kroger/Publix(*) 11:45 Beginner Balance (3AR) 1:30 Call to Prayer (MR) 2:15 Tai Chi (3AR) 2:30 Choir Rehearsal (LR) 4:00 Vespers (LR)	<b>LEGEND</b> Off-Campus Event Special Event On Campus \$ Money Required • Sign Up 3AR 3rd Floor Activity Room 3CR 3rd Floor Conference Room LR Lakeview Room MDR Main Dining Room MR Magnolia Room PDR RSC Private Dining Room VC Village Center VG Village Green	<h1>JULY 2024</h1>	